



Floral Essences SINLUX.M



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The **Omeosinergetic** philosophy considers the person in its entirety of Spirit - Soul - Body and proposes to establish an innovative means of interpretation, guiding the patient towards the rediscovery of one's own Self through the understanding of the seven Universal Laws that govern us. It is therefore considered the Medicine of Awareness. It considers illness both as a discharge, a release of toxins accumulated in any way, and as guide to discover the behavioural attitudes that underlie every symptom, as well as help in comprehending "who we are": it is real "biological healing", and it is for this reason that an illness becomes a Wellness. Studies in Neuro-Linguistic programming, of Behavioural analyses and Neuro-Emotional Integrations have demonstrated that the cause of illness is to be found in the "non-acceptance" or "denial" of an experience. The emotion of denial generates a stress in the human being which, with the mediation of the neurovegetative nervous system, becomes somatized in the part of the body which acts as a "target".

And it is by means of its symbolic meaning that the part of the body where the illness manifests itself gives us the indication of the emotional and spiritual imbalance that we are living. The recognition and acceptance of the behaviour of others, similar to our own, represents the basis of awareness that is the real objective of Omeosinergia.

SINLUX.M: NEW GENERATION SUPPLEMENTS

These new generation supplements are inspired by the concepts of OMEO-SIN-PATIA, a branch of the Omeosinergetic vision that keeps two fundamental aspects in consideration:

1. PSYCHO-PHYSICAL-EMOTIONAL UNITY

2. THE ECOSYSTEM: the importance of the relationship between individual and environment.

In this perspective the floral essences SINLUX.M are born. They are composed of three Bach flowers appropriately mixed and tested, to provide the person with the stimulus to recognise the emotional dynamics they are living, but of which they are not aware. The compounds of floral essences is presented in three doses of impregnated globules, numbered in tubes from one to three, which must be assumed in succession with an average interval of at least 10 days between each one.

THE FLORAL COMPOUNDS

SINLUX.M 1

Globules

COMPOSITION: BEECH, HOLLY, WATER VIOLET

DIRECTIONS: those who benefit from this floral compound, are going through a period of great tiredness that manifests itself on a physical, mental and emotional level. Closing themselves in from the world, any attempt to help or console provokes irritation and resentment in them, considering other people to be the only ones responsible for their suffering. They would like to be left alone and immobile in a dark room, and in their deep emotional discomfort, they can become dry, insensitive to the emotions and sentiments of others, concentrating their attention solely on their own work to compensate for their anxiety towards the future and the fear of poverty.

SINLUX.M 2

Globules

COMPOSITION: MIMULUS, WHITE CHESTNUT, WILD ROSE

DIRECTIONS: this floral compound is extremely useful for those who, following a brutal and sudden stress, both physical and emotional, find themselves somatizing and living a strong distress for fear of death. Their way of reacting will be the need to foresee and know everything: study, knowledge, even as far as clairvoyance, researched and applied with haste and restlessness because the fear of death for them is too strong. The modality of their character will always have the stamp of strong, violent and paroxysmal reactions, even in regards to the banal.

SINLUX.M 3

Globules

COMPOSITION: VERVAIN, GENTIAN, MIMULUS

DIRECTIONS: those who benefit from this floral compound (especially women) are living through a phase alternating between moments of cheerfulness, exuberance and loquacity, with moments of despondency, discouragement, melancholy; conditions which often present themselves in women prior to menstruation. A characteristic of this phase is that the physical and psychic state alternate: one improves with the appearance of the other.

SINLUX.M 4

Globules

COMPOSITION: WHITE CHESTNUT, CLEMATIS, OAK

DIRECTIONS: this floral compound is adapted to those who are going through a period of great listlessness and lethargy, they feel confused, they commit errors in writing or when talking, they are living with a strong aversion to work. They live their anxiety with the desire to cry, they are generally meteoropathic and are in a bad mood with rain or storms.

THE FLORAL COMPOUNDS

SINLUX.M 5

Globules

COMPOSITION: SCLERANTHUS, PINE, WILLOW

DIRECTIONS: this floral compound is particularly suitable for those who suffer from an internal conflict between the will to succeed and a sense of inadequacy. However they live their lack of self-belief as a stimulus to stay in the very situation that generates their sense of inadequacy, because they force themselves to prove themselves worthy.

For this hardness of theirs, externally they appear strong, uncompromising, inflexible. Such hardness, which at times can express itself as cruelty, provoked and evoked by a received responsibility, can give way to an extreme lack of confidence in themselves, which expresses itself with a great need for encouragement and approval. Also suitable for those who suffer great anxiety for fear of an exam, because the fear paralyzes their thoughts.

SINLUX.M 6

Globules

COMPOSITION: HONEYSUCKLE, WILD OAT, CHICORY

DIRECTIONS: this floral compound is specially indicated for those who are going through a period of strong anxiety for their own health, almost to the point of hypochondria. It is often a state which follows a period of excess or abuse of stimulants. These people can develop a terror that their own body is collapsing, they feel sexually impotent and they suffer it very much.

SINLUX.M 7

Globules

COMPOSITION: MUSTARD, WHITE CHESTNUT, WILD OAT

DIRECTIONS: this floral compound is useful for those who have a great emotional charge but have great difficulty in living interpersonal relationships. This difficulty can bring the subject to sublimate their impulse and detach from reality, living their love through the composition of poetry. The emotional dissatisfaction can attach itself to the incapacity of self-realisation that leads to depression, discontent and disgust for life, wherein the only gratification is food.

SINLUX.M 8

Globules

COMPOSITION: IMPATIENS, ROCK WATER, WILD OAT

DIRECTIONS: this floral compound will help those who find themselves in a period that is dominated by irrationality. They have fantasies, illusions, hallucinations that bring them great anxiety and, despite being aware of the torment caused by these ideas, they are incapable of avoiding them. They can have compulsions to control everything, even on practical occasions; for example in a closed space they always prefer to sit close to an exit. They have a peculiarity, they predict the moment that they will die.

THE FLORAL COMPOUNDS

SINLUX.M 9

Globules

COMPOSITION: STAR OF BETHELEM, VINE, IMPATIENS

DIRECTIONS: this floral compound is excellent for those who have undergone a traumatic experience on a physical or emotional level, that has left them with the feeling of having been penetrated, struck or wounded by something foreign to them. For this they tend to keep others at a distance: the possibility that someone might invade their privacy is unbearable, they can go as far as attacking those close to them, fighting against everything and everyone. As a reaction they can become authoritarian, despotic, domineering and dogmatic, developing the desire to be alone and have no contact with anyone.

SINLUX.M 10

Globules

COMPOSITION: OLIVE, WILD ROSE, WILLOW

DIRECTIONS: those who benefit from this floral compound are going through a period in which they are living these four emotions intensely: Anxiety, Agitation, Asthenia, Avarice. They feel insecure and as a result they are anxious, suspicious, diffident, both in regards to relationships and money, and regarding their health. They are ordered, meticulous and control freaks; they have great anguish towards illness and death, they believe they can take precautionary measures against these problems, controlling their behaviour and that of others, along with their own health and lifestyle.

SINLUX.M 11

Globules

COMPOSITION: WALNUT, MUSTARD, WILD ROSE

DIRECTIONS: this floral compound is suitable in those cases where the person is going through a period in which irritability and aversion to work manifest themselves, sometimes resulting in neurosis and hysteria with alternation between irritability and bursts of laughter. This state can manifest itself physically with digestive suffering and painful peristalsis, which can be externalised with belching and malodorous flatulence.

SINLUX.M 12

Globules

COMPOSITION: MUSTARD, GENTIAN, GORSE

DIRECTIONS: those who benefit from this floral compound are living in a state of depression, contempt for life, with thoughts of suicide. They are angry, wrathful, they have taken great responsibilities in life, beyond their own abilities. This is because they are people that expect a lot of themselves, as though their survival depended on fulfilling their duty. They are very rigid and impose their way of living on others.

THE FLORAL COMPOUNDS

SINLUX.M 13

Globules

COMPOSITION: OAK, CRABB APPLE, WILD ROSE

DIRECTIONS: this floral compound is important for those who are going through a period of mental confusion with deceleration and intellectual difficulties and loss of memory. This brings them to live with great insecurity because they do not trust themselves, and therefore tend to rely more and more on others. They are afraid of confronting new situations or anything that is outside of their routine, especially if these situations require them to make decisions.

SINLUX.M 14

Globules

COMPOSITION: VERVAIN, HOLLY, ROCK ROSE

DIRECTIONS: this floral compound is suitable for those who feel the need to flee and react violently to sensations or visions that they elaborate mentally. They live in agitation and sense images of ghosts, monsters and insects in their mind, especially when ill. They love being in company but they can also be overbearing and domineering to those around them.

SINLUX.M 15

Globules

COMPOSITION: CENTAURY, CHESTNUT BUD, HORNBEAM

DIRECTIONS: those who benefit from this floral compound are going through a phase in which they feel that every stimulus must be instantly gratified: from eating, to sexual impulses. This brings them to live superficially, not to have mature relationships, to have difficulty expressing themselves and be understood by others, an attitude that infuriates them.

SINLUX.M 16

Globules

COMPOSITION: STAR OF BETHELEM, WILD ROSE, WILD OAT

DIRECTIONS: this floral compound is suitable for those who strongly feel the need for stability and security. For fear that they might find themselves lacking in economic well-being, emotional support and stability in their relationship, they are careful, they save money, running as few risks as possible, subscribing to various insurances, but also becoming individualist, independent and strong in emotional relationships. If, despite all their precautions and efforts to stay secure, they should fail, they become completely indecisive, vulnerable, impotent and can fall into a state of mental depression and slip into complete passivity.

THE FLORAL COMPOUNDS

SINLUX.M 17

Globules

COMPOSITION: GORSE, SCLERANTHUS, WILD OAT

DIRECTIONS: this floral compound is suitable for those who tend to overburden themselves to the point of exhaustion. They are solid, responsible and great workers, but overwork can make them anxious for fear of losing their mind and their reason, and the fear that others might become aware of their mental confusion. Often they have the feeling of being too weak before the cruelty and rudeness of the world, therefore they seek to construct a defensive barrier around themselves, a shell that will keep them safe and secure. They try to surround themselves with trustworthy and protective people, attracting them by manifesting their fear of not being able to go on working, while being efficient as usual.

SINLUX.M 18

Globules

COMPOSITION: CHICORY, ASPEN, CERATO

DIRECTIONS: this floral compound is useful in all cases where the person is going through a period of having difficulty concentrating, of mental application, with mood fluctuations, anxiety, restlessness. Not feeling loved or understood in their family environment, they think of going to find what they lack outside, while still feeling the need for the security that they feel at home. It can happen that the listlessness, the fluctuations in their mood and the inability to apply themselves methodically or for very long, renders them restless and lovers of travelling, but at the same time discontent and often incapable of reaching a complete self-realization. Often their hypersensitivity renders them very receptive towards others and the environment, but also very sensitive towards bad news, disappointments, reprimands or injustices suffered by them or by others.

SINLUX.M 19

Globules

COMPOSITION: CLEMATIS, HEATHER, WILD OAT

DIRECTIONS: the floral compound is suitable for those who feel that they are not esteemed by the very people from whom they require the most security: parents, the person they love, their employer. Despite the fact that they seek approval for the good manners, their appearance, their work, they constantly feel diminished, for this reason they can do nothing but protest and argue. By way of reactions they can appear obstinate, quarrelsome or bad, but they cannot detach themselves because they are very dependent and are afraid of leaving.

THE FLORAL COMPOUNDS

SINLUX.M 20

Globules

COMPOSITION: CLEMATIS, ASPEN, IMPATIENS

DIRECTIONS: this floral compound is useful for those who are living a period of apathy, listlessness, little self esteem, feelings of abandonment, difficulty concentrating and learning, and indifference towards everything. This leads to living a mental and physical slowness, also presenting a deceleration of the body's circulation, with a feeling of cold and pallid colour, bluish contours around the lips and bad intestinal motility. Digestion is weak and this provokes swelling, terrible flatulence and belching. This state can present itself after traumas, stress or illness that are never completely healed.

SINLUX.M 21

Globules

COMPOSITION: ELM, HORNBEAM, LARCH

DIRECTIONS: those who benefit from this floral compound have a personality that is extremely sensitive and hyper-reactive to the environment that surrounds them, and a strong sense of social justice that can manifest itself with an intolerance towards any form of authority. They are idealists that, after having received disappointments and displeasures, develop a closure, stiffening and beginning to be afraid. Their characteristic will be fear that something terrible could happen to them or to others, living with a constant need to control the people dearest to them, to know where they are and awaiting their return pacing back and forth until they arrive. These people, especially if they have suffered emotional losses or losses of self esteem, can begin to feel impotent towards a world which they consider full of obstacles.

SINLUX.M 22

Globules

COMPOSITION: CERATO, ELM, WATER VIOLET

DIRECTIONS: this floral compound is useful for those who think that they are weak and that it is for this reason that people attack them, bother or torture them. They live with a feeling of persecution, they feel weak, not good enough, they have the feeling of being hounded, that others block their work and because of them they cannot succeed in fulfilling their own ambitions. Therefore they fantasize, and in their fantasies they feel worthy and capable, using their imagination to hide the feeling of frustration at not being good enough. They feel that what they possess is not enough and that they could have had more if they had not been impeded and disrupted. In reality, they have never tried to carry out their plans in concrete actions, but remain seated planning in their armchairs.

THE FLORAL COMPOUNDS

SINLUX.M 23

Globules

COMPOSITION: VERVAIN, CHICORY, HORNBEAM

DIRECTIONS: this floral compound is useful for those who, following a deep and terrible wound inflicted by another person, return to an infantile state, closing out the rest of the world, they fold back on themselves to escape from a reality that they consider to be more and more distant.

SINLUX.M 24

Globules

COMPOSITION: WHITE CHESTNUT, HONEYSUCKLE, PINE

DIRECTIONS: this floral compound is useful for those who manifest intolerance towards parental authority, lamenting that they do not receive enough attention from their parents: they react with extreme irritability and excesses of uncontrollable anger that causes them to throw objects and have convulsions, especially after being scolded or punished. These modalities are often present in children with verminosis.

SINLUX.M 25

Globules

COMPOSITION: WHITE CHESTNUT, SCLERANTHUS, WILD OAT

DIRECTIONS: this floral compound is suitable for those who take on the role of a carer for others, repressing their own feelings and desires. They are individuals who are very sensitive to the suffering of others, compassionate, alert, anxious. For example, they can stay awake anxiously for several nights attending to an invalid. The loss of sleep produces an excessive nervous sensitivity and their nerves become "tense" and "on edge": because of this they present restlessness, headaches, weakness, vertigo, agitation and the desire to lie down with their eyes closed.

SINLUX.M 26

Globules

COMPOSITION: VERVAIN, IMPATIENS, WHITE CHESTNUT

DIRECTIONS: those who benefit from this floral compound, need to do something positive in order to feel accepted by a group. To reach such an objective, they believe that the only means is to be charitable, performing good deeds for others. As a result, by night they tend to stay awake to work, create and project. In their work helping others, it is unlikely they expect to be demonstrated any show of kindness, and in the same way, it is with great difficulty that they feel any contentment. So much so that, if there is a sudden cause for joy, such as an unexpected courtesy, they are not able to be happy about it.

THE FLORAL COMPOUNDS

SINLUX.M 27

Globules

COMPOSITION: WILD OAT, SCLERANTHUS, HEATHER

DIRECTIONS: this floral compound is suitable for those who are going through a period of sadness, melancholy, forgetfulness, that induces them not to finish their studies or their commitments. They take refuge in esoteric writings without being able to find their own path, rather developing a tendency towards fixed ideas and superstition. They can also have a propensity towards having difficulty living their sexuality in an harmonic way, moving from living it in a wild way to a solitary way.

SINLUX.M 28

Globules

COMPOSITION: IMPATIENS, VERVAIN, BEECH

DIRECTIONS: this floral compound is suitable for those who manifest alterations in reactivity, excitement and hypersensitivity, suddenly followed by melancholy, weak memory, numbness, weeping and continuous thoughts regarding death. They are tired during the day but cannot sleep at night, they can have delirious dreams with imaginary enemies and horrible animals. Very reactive when they are surprised or prodded, they attack and bite symbolically. They can present aversion towards the people they love.

SINLUX.M 29

Globules

COMPOSITION: ASPEN, VINE, VERVAIN

DIRECTIONS: this floral compound is useful for those who, after overworking physically or mentally, or after having lost much sleep, do not feel capable of doing what is asked of them. They can alternate between tears and laughter, complaining and cheerfulness, sweetness and stubbornness, or have an angry crisis during which they can manifest cyanosis, convulsions, desire to break everything and crises of murderous rage. They have great difficulty living their own internal impulses of which they maintain control. They rigidly interrupt any expression, they close themselves so much so as to appear torpid and slow, behaviours that can physically provoke strong cramps. They live a strong sense of war, the impression of being attacked and the need to defend themselves, which is reflected in their hobbies that often include martial arts such as judo, karate, etc.

SINLUX.M 30

Globules

COMPOSITION: OLIVE, WALNUT, WILD ROSE

DIRECTIONS: this floral compound is suitable for those of changeable, irritable, hypersensitive character, who manifest weakness, depression, anemia. They are sensitive to every emotion: anger, fear, displeasure. They feel alone and therefore vulnerable, they have the feeling of not being loved and as a result they behave affectionately, with friendship and understanding in the hope that their love and attention will be reciprocated.

THE FLORAL COMPOUNDS

SINLUX.M 31

Globules

COMPOSITION: WILD ROSE, CLEMATIS, GORSE

DIRECTIONS: those who benefit from this floral compound are going through a moment of intense mental weakness which causes constant obfuscation. All their functions (mental, emotional, physical) seem to be weakened, if they have to confront a difficult test like an exam or a speech in public, they lose all faith in themselves, they forget everything, they stammer and feel paralyzed.

SINLUX.M 32

Globules

COMPOSITION: MUSTARD, ROCK ROSE, SCLERANTHUS

DIRECTIONS: this floral compound is useful for those who are living in a period in which a barrier seems to exist that prevents stimuli from the world outside from reaching them. They demonstrate a lack of sensitivity towards any kind of physical, emotional or intellectual solicitation. The mind is obtuse, lethargic, slow to incorporate information. They are listless and have difficulty concentrating, they become restless when they have to think. They cannot apply themselves mentally to their work, or to make plans. They are distracted, easily confused and very forgetful, that can cause various types of anxiety, in particular developing a fear that something terrible is about to happen. They are always restless and nervous and they have the feeling that some kind of misfortune is imminent; any worry or little problem can make them despair.

SINLUX.M 33

Globules

COMPOSITION: WILD OAT, OAK, CHICORY

DIRECTIONS: those who will benefit from this floral compound have difficulty bringing the external circumstances back to themselves: they assimilate slowly and tend not to live their emotions, intoxicating themselves deeply. They can somatize this state by way of a general depression of the nervous system, muscular or digestive weakness, or hypotension.

SINLUX.M 34

Globules

COMPOSITION: AGRIMONY, ASPEN, CHICORY

DIRECTIONS: this floral compound is suitable for those who are living a period in which they are irritable, nervous, hysterical to the point of delirium and hallucinations. They are individuals who suffer from jealousy because they live love as a sense of possession and with the constant fear of losing the person they love. They can live their sexuality in an impudent, lustful way that, in the eventual phase of delirium can culminate in a real erotic exaltation.

THE FLORAL COMPOUNDS

SINLUX.M 35

Globules

COMPOSITION: GORSE, ROCK ROSE, WALNUT

DIRECTIONS: this floral compound is suitable for those who are living with an alternation of opposed emotions, from a simple changeable mood to a real emotional seesaw, for example feeling joy and happiness and passing immediately to sadness, melancholy and tears. This extreme variability can easily result in hysteria. Often this mood can be the consequence of having experienced a great sorrow. They are people who are easily impressionable and scared, and if they assume this floral compound this mood will also benefit from it.

SINLUX.M 36

Globules

COMPOSITION: MIMULUS, CERATO, SWEET CHESTUT

DIRECTIONS: this floral compound is useful to those who find themselves in state of desperation, they feel intellectually and morally depressed, indifferent to the environment, uninterested in the world. They withdraw from emotional exchanges, they can come to have maniacal ideas to the point of considering suicide. In states of melancholy they cry and wring their hands.

SINLUX.M 37

Globules

COMPOSITION: RED CHESTNUT, WILD ROSE, WILD OAT

DIRECTIONS: those who benefit from this floral compound are absolutely, dogmatically attached to a sense of duty, to a degree of inflexible rigidity. They are stoic people who do not complain, they are loyal to the rules and orientated towards a routine. To others they can appear emotionless, because they express them in a rational way, but inside they can be very sensitive, even if they never express it.

SINLUX.M 38

Globules

COMPOSITION: IMPATIENS, OLIVE, WILD ROSE

DIRECTIONS: this floral compound is suitable for those who feel neglected and unloved. They feel that they do not have the support of their family (or the group) upon which they rely for sustenance. If this situation persists, they become nervous and hypersensitive, they are affected by little things, to the point of becoming ever more tense, even the smallest noises alarm them. They are terribly anxious for their children and apprehensive for their health and future.

THE FLORAL COMPOUNDS

SINLUX.M 39

Globules

COMPOSITION: HORNBEAM, SCLERANTHUS, WILD OAT

DIRECTIONS: this floral compound is suitable for those who feel insulted by their family, despite being laborious and supportive. They appear to be strong and independent of the opinions of others, but emotionally they feel angry towards their family members for their behaviour. Nevertheless they exert themselves constantly to win their esteem and affection and to achieve greater value in their eyes.

SINLUX.M 40

Globules

COMPOSITION: CHESTNUT BUD, HOLLY, VERVAIN

DIRECTIONS: this floral compound is suitable for those who are living with a very strong sense of jealousy, they are possessive and suspicious, to the point of deteriorating the feelings and relationships because of paranoia and manias of persecution, which they vent against the object of their jealousy. On the contrary, this dynamic of theirs can be lived in closure, bringing them to melancholy and depression. They are subject to a strong sexual drive that they live an intolerance towards all kinds of restriction, whether physical, such as clothes that are tight especially around the throat, or in their social life.

SINLUX.M 41

Globules

COMPOSITION: LARCH, AGRIMONY, MIMULUS

DIRECTIONS: this floral compound is suitable for those who feel the need to become bigger, more powerful and reach a more important position, otherwise their survival will be difficult, they will be humiliated and they will never amount to anything. Their goal is therefore that of ambition: all their efforts will be completely concentrated on reaching a higher position, to reach the top, even if the world then considers them overblown. To do this, they give a false idea of themselves, capable, social, extroverted, courageous, sincere, authoritarian to the point of tyranny towards their employees or family members, but inside they are cowards.

SINLUX.M 42

Globules

COMPOSITION: BEECH, OLIVE, ROCK WATER

DIRECTIONS: this floral compound is indicated for those people who are characterised by restlessness, by very animated mimicry and gestures, by capriciousness, by the tendency to complain constantly about pains and by a certain difficulty at application on an intellectual level.

THE FLORAL COMPOUNDS

SINLUX.M 43

Globules

COMPOSITION: WATER VIOLET, STAR OF BETHELEM, HONEYSUCKLE

DIRECTIONS: those who benefit from this floral compound are going through a period in which they are living an impotence in their mind. It is difficult for them to follow the thread of a conversation that they are having, they are aware that they cannot even remember the names of their friends, they have a great mental confusion. They feel that time passes too slowly and therefore they tend to be always alert and doing things in a hurry, they are impatient. These people usually have a remarkable sensitivity and sensibility, they feel things before they happen.

SINLUX.M 44

Globules

COMPOSITION: ROCK ROSE, CHICORY, HONEYSUCKLE

DIRECTIONS: this floral compound is suitable for those who are living a restlessness and agitation, that are characterised by instability, their ungovernable emotionalism does not allow gratification from any project, be it of a long, medium or short term. This is because they live with great difficulty the relationship with the world that they fear. They are people who have a very rapid but confused ideation, so much so as not to be able to translate it into an organised action.

SINLUX.M 45

Globules

COMPOSITION: IMPATIENS, VERVAIN, HOLLY

DIRECTIONS: the person who requires this floral compound is brooding constantly over imaginary problems, is melancholic, depressed, does not want to be left alone, has an aversion to talking and their conversations are not clear. They can reach a state of suicidal madness because of their constant brooding.

SINLUX.M 46

Globules

COMPOSITION: WILLOW, LARCH, WILD OAT

DIRECTIONS: this floral compound is indicated for those who are repeatedly or constantly living through delusions, frustrations, unrequited or lost loves, for which they blame others and accumulate bitterness towards those they consider to be responsible for their failures. For their character they do not publicly display their suffering, but tend to present themselves as contemptuous and strong, despite intimately living a fear of losing love and affection.

THE FLORAL COMPOUNDS

SINLUX.M 47

Globules

COMPOSITION: HORNBEAM, ROCK WATER, WHITE CHESTNUT

DIRECTIONS: those who benefit from this floral compound are going through a difficult moment in their relationship, to be appreciated and esteemed by their partner in respect to the relationship, they can be laborious, full of attention, responsible, of great help. Despite loving their independence and with a strong sense of pride, they force themselves a lot to maintain the relationship, and for this they can be dominated and repressed, deceived or scorned. Even if inside they are offended, they are so emotionally dependent that they allow themselves to be used and mistreated. But unhappy with themselves, they pass the entirety of the relationship feeling devoid of value. All this makes them feel rather irritable and angry, but this irritability does not last long and is followed by a sense of guilt and remorse that alternates with a feeling of indignation and wounded pride.

SINLUX.M 48

Globules

COMPOSITION: WATER VIOLET, ROCK WATER, STAR OF BETHLEM

DIRECTIONS: those who benefit from this floral compound are living a tremendous anxiety for their health. They can even be hypochondriac, they are afraid of fatal illnesses like cancer or AIDS, often disproportionately in regards to their state of health, age and family history, and they live with a strong fear of death even if they feel tired of living. They are angry with life, spiteful, and blame others for their problems, but feel compassion for the suffering of others who are without hope.

SINLUX.M 49

Globules

COMPOSITION: IMPATIENS, SWEET CHESTNUT, WILD OAT

DIRECTIONS: this floral compound is suitable for those who are characterized by hardness, zeal, ambition and impatience, and are making these qualities hypertrophic. They try to make sure that everything is done at all costs, in one way or another. They consider no-one in order to reach their objectives. Hypersensitive with extreme nervousness and irritability, they mistreat everyone with offensive and unpleasant words. They cannot stand contradictions, they always accuse others, they never admit to their errors and they never apologise.

THE FLORAL COMPOUNDS

SINLUX.M 50

Globules

COMPOSITION: WALNUT, ASPEN, CLEMATIS

DIRECTIONS: this floral compound is suitable for those who present the following characteristics: an intense affective-instinctual load, emotionalism, cyclic mood fluctuations characterised by excitability and abrupt paroxysms of euphoria and exaltation, or of depression and feelings of sadness and pain, much like the phases of hyperactivity, creativity, hypersensitivity and intense empathy alternated with listlessness and complete apathy. They are friendly, social and polite, and even take the blame for others because they do not want to be alone. This floral compound will particularly benefit those who are living in a state of constant alarm, disquiet and anxiety in regards to their health, of which they know the limits, and the future when they can foresee unpleasant events and the problems of others.

SINLUX.M 51

Globules

COMPOSITION: WATER VIOLET, OLIVE, RED CHESTNUT

DIRECTIONS: those who benefit from this floral compound are living in a phase of haughtiness and pride alternated with anguish and melancholy; their personality is fundamentally proud, arrogant, they are people who desire power whatever the cost, they feel bigger than others, even physically, they give great importance to sex to the point of manifesting nymphomania.

SINLUX.M 52

Globules

COMPOSITION: SCLERANTHUS, WILD ROSE, GORSE

DIRECTIONS: this floral compound is suitable for those who find themselves in a depressive state that makes them feel hopeless, they are indifferent to the world and what surrounds them. This causes both a physical and cognitive slowness in them, along with mental confusion, loss of memory even to the point of forgetting words. They can reach the point of having hallucinations and delirium.

SINLUX.M 53

Globules

COMPOSITION: HORNBEAM, LARCH, SWEET CHESTNUT

DIRECTIONS: those who benefit from this floral compound are going through a moment of great worry for their health, they despair that they might not be able to recover, or be able to react to the treatment they are taking. Often they become depressed for the fear of failure even in their work activity, and they complain constantly to everyone, saying that they fail at everything they do.

THE FLORAL COMPOUNDS

SINLUX.M 54

Globules

COMPOSITION: WALNUT, ROCK WATER, WILD OAT

DIRECTIONS: those who benefit from this floral compound have the characteristic of being very afraid of abandonment; their strategy is to decline every kind of opposition to avoid a clash and therefore detachment. They set aside their own critical sense and aggression, in order to have a greater reception and availability. They have great variation both in mood and in physical manifestations.

SINLUX.M 55

Globules

COMPOSITION: WILD ROSE, VERVAIN, IMPATIENS

DIRECTIONS: this floral compound is useful to those subjects who are living through a phase of internal disquiet which creates agitation and anxiety in them. They feel irritable and restless, they feel better only when they are constantly on the move. They tend to internalise their emotions and reject affection, and for this reason they can appear inflexible and insensitive. They often have fixed ideas and can be superstitious, they feel threatened without understanding why. Their worry and anxiety worsen at night.

SINLUX.M 56

Globules

COMPOSITION: CHERRY PLUM, SWEET CHESTNUT, WILLOW

DIRECTIONS: this is the floral compound suitable for those who are lovable but possessive and dominant. They take care of others in an authoritarian and overbearing way, but not dictatorial, because this authoritarian behaviour has its origins in a preoccupation. They try to protect totally, and this attitude is due to the anxiety that they feel for those they love and surround them. They are often hypercritical towards others and impatient. They tend to exercise their power with violent opinion and strong will; they live substituting themselves for others, trying to govern and control their lives. They feel they have a say in giving detailed suggestions, and get angry when not listened to. They are egocentric and do not think that others might have rights and freedom of choice. They expect that things be done as they want.

SINLUX.M 57

Globules

COMPOSITION: ROCK WATER, ELM, OAK

DIRECTIONS: those who benefit from this floral compound are going through a period in which they feel indifferent and insensitive to what they have around them, they have serious difficulty and inability in carrying out their work, they forget things, especially in regards to their own affairs, but by night they remember everything and this prevents them from resting. They can have difficulty expressing when they are under tension, they stutter, they badly pronounce their words and have difficulty being understood. They can have problems with impotence despite having lustful thoughts.

THE FLORAL COMPOUNDS

SINLUX.M 58

Globules

COMPOSITION: MUSTARD, LARCH, VERVAIN

DIRECTIONS: floral compound suitable for those who have identified themselves in other people, behaving in a way that might please them but without obtaining results. The inability to construct their own identity has brought them to immerse themselves in a role that has become the essence of their life, with the consequent awareness that this behaviour has not served them or anyone else in any way, and losing this role means renouncing life itself. Therefore sadness arises; depression, aversion to consolation, before isolating themselves, feeling unrelated to life and considering suicide.

SINLUX.M 59

Globules

COMPOSITION: WALNUT, OAK, HEATHER

DIRECTIONS: this floral compound is suitable for those who are timid, insecure, who have no faith in themselves and they constantly live with the anxiety of deluding others. For this they are obstinate about being great, but they do so by latching on to what they know and cannot stand contradictions, they become obstinate in not wanting to see other opportunities and possibilities. This does not reward them, in fact despite their stubbornness in applying themselves they never excel, there will always be someone who is better than they are.

SINLUX.M 60

Globules

COMPOSITION: AGRIMONY, CRABB APPLE, WILD OAT

DIRECTIONS: this floral compound is suitable for those who find themselves in a state of extreme susceptibility, who take offence over nothing, who become indignant and irritated with ease over small errors made by them or by others. This brings them almost always to be in a bad mood, for which they are usually avoided and this in turn creates great frustration, because they do not feel understood or able to communicate. They can be irritable and vent themselves with excessive, even violent anger for the long repression suffered, but this vent makes them feel depressed because they regret what they have done.

SINLUX.M 61

Globules

COMPOSITION: HOLLY, IMPATIENS, OLIVE

DIRECTIONS: Those who benefit from this floral compound are living with great fears that bring them to react violently, with shouting and yelling, in a delirious way. They seek company, they cannot be alone, they alternate hyperactivity and expansiveness with strong complexes of inferiority and unworthiness.

THE FLORAL COMPOUNDS

SINLUX.M 62

Globules

COMPOSITION: HOLLY, GENTIAN, WILD OAT

DIRECTIONS: this floral compound is suitable for those who, when they cannot have a good relationship with their environment, react with rebellion, direct conflict and arguments. Usually they are selfish and egocentric, essentially in love only with themselves and hiding their insecurity by swelling their own ego. Often they take on the role of censors and critics. This satisfies them because they avoid any real conflict and at the same time, not being able to accept defeat, they find many people responsible for their failures. If they succeed in maintaining themselves above the world they are cheerful, enthusiastic and exuberant, when they return to feeling themselves part of the world, they feel depressed, succeeding in involving others in their drama, seducing them and using autocriticism and regret, always as a means of obtaining a socially dominant role.

SINLUX.M 63

Globules

COMPOSITION: HOLLY, VINE, WHITE CHESTNUT

DIRECTIONS: this floral compound will be necessary every time we are living through circumstances in a traumatic way with difficulty healing old wounds, be they physical, emotional or mental.

SINLUX.M 64

Globules

COMPOSITION: ROCK WATER, CENTAURY, CHICORY

DIRECTIONS: those who benefit from this floral compound cannot trust other people, they isolate themselves and avoid contact with the outside world. Their way of relating is marked exclusively by the dominance of others, obtained even by deceit or manipulation. They constantly live with the feeling that their mind is separated from their body, and they have the false impression of having acted incorrectly, a feeling which leads them to have constant interior monologue with themselves, brooding constantly on things with confusion and bluntness, preventing them from moving forward. They double check everything they do, they are so uncertain that they do not even trust themselves. They organise their day with great precision, and a result cannot stand any kind of unforeseen event that might change what they had already arranged.

SINLUX.M 65

Globules

COMPOSITION: VERVAIN, BEECH, IMPATIENS

DIRECTIONS: this floral compound is particularly suitable for those who are always complaining, but they only do it in front of others, blaming them for their every suffering. They believe others to be the principal limit to their potential, but their reactions towards those they consider guilty is neither strategic nor conclusive: what they love is to always have someone to complain about, to punish with immediate and infantile reactions. Elegant and refined, they love keeping up appearances, they have sudden mood swings, they are agitated, frenetic, excitable in a paroxysmal way even in their sexuality. They can improve these traits and vent them by way of music, but the wild kind. They have great difficulty being touched.

THE FLORAL COMPOUNDS

SINLUX.M 66

Globules

COMPOSITION: CERATO, OLIVE, WHITE CHESTNUT

DIRECTIONS: those who benefit from this floral compound has instability as a dominant symptom. they cannot stand any kind of relationship that constrains them, and for this reason they continually change activities, houses, and opinions, because they imagine they can find peace and resolve inner conflicts by changing the exterior. They have difficulty interacting with their world and they seek refuge in fantasies of an imaginary universe where everything is easily achieved. They are often sad and downhearted because they have no faith in themselves.

SINLUX.M 67

Globules

COMPOSITION: CHERRY PLUM, GENTIAN, OAK

DIRECTIONS: this floral compound is suitable for those who lie, who never tell the truth, those who use lies to recover a lost social position, who can be servile and adulatory to their superiors in order to climb the social ladder, but are at the same time hard-hearted and violent to those who are weaker than them.

SINLUX.M 68

Globules

COMPOSITION: IMPATIENS, VERVAIN, ASPEN

DIRECTIONS: this floral compound will be useful to those who have problems remembering and understanding while studying, especially if they are worn out from having studied too much. To those who, despite being asthenic and weak, have nervous ticks, are constantly agitated (restless legs) and have involuntary spasms. Plaintive, dissatisfied, depressed, slow to understand and to conceive, it corresponds to those who fear the rules and authority, and also those who represent them in life, police, judges, professors, their father.

SINLUX.M 69

Globules

COMPOSITION: HOLLY, GORSE, ROCK ROSE

DIRECTIONS: the individual who benefits from this floral remedy is nervous, downhearted, unstable, intolerant, jealous, destructive, egocentric, narcissistic, extremely disruptive, extremely unmanageable, they do not believe there is any way to improve, every impulse or sensation has a dramatic quality, they feel they are going crazy or are going to remain paralyzed. Everything gets worse at night. On a physical level often they fall ill of irritation, ulceration and sclerosis. They complain of a significant loss of memory after an illness, do not recall facts, dates, names but remember very well everything regarding the period prior to the illness.



Malta 



This informative documentation is exclusively reserved to those qualified in the sector of medicine and alimentation, pharmacy and naturopathy.

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